"I am at peace, relaxed and unafraid, like a child nursing from its mother."

Thus said David king of Israel, surrounded on all sides by enemies, plagued by the most devastating tragedies within his own family, a man burdened by sorrows beyond bearing. He was at peace, relaxed and unafraid. He knew the secret of Yichud. Knew that nothing, nothing at all, can or will happen that is not willed by God. No place for questions, none for complaints. All, all is willed by God, only by God. There is none other. We are in His hands, in His hands alone. No questions. No complaints. No worries. That is Yichud.

— Rav Chatzkel Levenstein, Ponivezer Mashgaich as quoted by Rav Moshe Eisemann in "A Listening People"