

Project Management Plan

איזוהי עבודה שבלב? זוהי תפילה.
גמרא ברכות ב עמוד ב

Where am I now? PRESENT

Baseline Status (metrics): How's my davening?

Where am I going? FUTURE

Desired Goal (metrics): How do I want my davening to be?

How will I get from Here to There?

Define the Objective:

What is the goal of davening?

Define the Strategy:

What steps do I need to take to achieve the objective?

Define the Measurable Outcomes:

How will I know if I am achieving the objective?

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Where am I now? PRESENT

Baseline Status (metrics): How's my davening?

????!!!! (How can this be answered objectively until I can define davening?!)
[eg., Inspiring/uninspiring. Meaningful/Unmeaningful. Burdensome/eager to.]
FID (frequency, intensity, duration) as a surrogate measurement / symptoms as proxy
for what's going in inside.

Where am I going? FUTURE

Desired Goal (metrics): How do I want my davening to be?
[eg., Inspired. Frequent. Meaningful. Faster. Longer. Happier.]

How will I get from Here to There?

Define the Objective:

What is the goal of davening?

What is the goal of davening? To reveal God's spiritual influence in the world.

Define the Strategy:

What steps do I need to take to achieve the objective?

I need to build a bridge (=daven) [so that the flow of "reaching" between the worlds (=goal of davening) is evident/achieved.]
One side of the flow is God reaching down to us (Hashpa'ah / Shechina / Mishkan); He builds that side
The other side of it is me reaching up to Hashem (Lev / Dedication / Kedusha / Mikdash); I create this other side of it.

Define the Measurable Outcomes:

How will I know if I am achieving the objective?

- If Hashem's influence in the world is more evident (revealed) to me after davening than before.
- If my influence (reaching) up to Hashem is more evident (revealed) to me after davening than before.

Now: go back to the beginning of the page and answer the questions again!